



## GUIDE FOR THE DAILY ROSARY & LECTIO DIVINA

### **LECTIO DIVINA** ("Divine Reading" with the daily Gospel) (20-30 minutes)

**STEP 1: Reading** (*Lectio*--What does it say? Read it slowly, looking for details)

- L:** A reading from the Holy Gospel according to \_\_\_\_\_.  
**ALL:** +++ Glory to you, O Lord.  
**L:** (Reads daily Gospel) **The Gospel of the Lord.**  
**ALL:** Praise to you, Lord Jesus Christ.

**(Reflect for a few moments in silence to do Steps 2-5. If in a group, each person will have an opportunity to briefly share what they heard from the Lord, as well as to share any action they may want to take.)**

**STEP 2: Meditation** (*Meditatio*--What words catch and hold your attention?)

**STEP 3: Prayer** (*Oratio*--How does it connect with your life? Talk about it with God, who loves you.)

**STEP 4: Contemplation** (*Contemplatio*--What conversion is God asking of you?)

**STEP 5: Action** (*Actio*--Make a practical resolution to conform yourself more to Christ)

### **HOLY ROSARY** (20-30 minutes)

#### **OPENING PRAYERS**

**ALL: I believe in God**, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven, and is seated at the right hand of God, the Father almighty; from thence he shall come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**L: Our Father**, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. **ALL:** Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

**L: Hail Mary**, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. **ALL:** Holy Mary, Mother of God **and our Mother** pray for us sinners, now and at the hour of our death. Amen. **(x3)**

**L: Glory be** to the Father, and to the Son, and to the Holy Spirit **ALL:** as it was in the beginning, is now, and ever shall be, world without end. Amen.

## JOYFUL MYSTERIES (Mondays and Saturdays)

**1<sup>st</sup> Joyful Mystery: The Annunciation of the Angel to Mary.** *In the sixth month, the angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the Virgin's name was Mary. And coming to her, he said, "Hail, favored one! The Lord is with you." Behold, you will conceive in your womb and bear a son, and you shall name him Jesus. (Lk 1:26-28,31).* **(Fruit: Humility)**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**2<sup>nd</sup> Joyful Mystery: The Visitation of Mary to Elizabeth.** *During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb." (Lk. 1:39-42).* **Fruit: Love of Neighbor**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**3<sup>rd</sup> Joyful Mystery: The Nativity of Jesus in Bethlehem.** *While they were there, the time came for her to have her child, and she gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn. (Lk 2:6-7).* **Fruit: Poverty of Spirit, Detachment**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**4<sup>th</sup> Joyful Mystery: The Presentation of Jesus in the Temple.** *When the days were completed for their purification according to the law of Moses, they took him up to Jerusalem to present him to the Lord, just as it is written in the law of the Lord, "Every male that opens the womb shall be consecrated to the Lord," and to offer the sacrifice of "a pair of turtledoves or two young pigeons," in accordance with the dictate in the law of the Lord. (Lk 2:22-24).* **Fruit: Obedience**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**5<sup>th</sup> Joyful Mystery: The Finding of Jesus in the Temple.** *After they had completed its days, as they were returning, the boy Jesus remained behind in Jerusalem, but his parents did not know it. Thinking that he was in the caravan, they journeyed for a day and looked for him among their relatives and acquaintances, but not finding him, they returned to Jerusalem to look for him. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers. (Lk 2: 43-47).* **Fruit: Joy in Finding Jesus**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

### CLOSING PRAYERS

**Hail, Holy Queen**, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve To thee to we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. **L:** Pray for us, O Holy Mother of God. **ALL:** That we may be made worthy of the promises of Christ. Amen.

*Let us pray:* **O God**, whose only begotten Son--by his life, death, and resurrection--has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through this same Christ, Our Lord, Amen.

**Saint Michael the Archangel**, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**Pope Leo XIII's Prayer to St. Joseph after the Rosary** (see addendum).

**L: St. Joseph, Terror of Demons, ALL:** Pray for us. +

## SORROWFUL MYSTERIES (Tuesday and Friday)

**1st Sorrowful Mystery: The Agony of Jesus in the Garden.** *Then going out he went, as was his custom, to the Mount of Olives, and the disciples followed him. When he arrived at the place he said to them, "Pray that you may not undergo the test." After withdrawing about a stone's throw from them and kneeling, he prayed, saying, "Father, if you are willing, take this cup away from me; still, not my will but yours be done." (Lk 22:39-42)* **Fruit: Sorrow for our sin**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**2nd Sorrowful Mystery: The Scourging of Jesus at the Pillar.** *Pilate said to them, "Then what shall I do with Jesus called Messiah?" They all said, "Let him be crucified!" So Pilate, wishing to satisfy the crowd, released Barabbas to them and, after he had Jesus scourged, handed him over to be crucified. (Mt 27:22; Mk 15:15)* **Fruit: Purity**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**3rd Sorrowful Mystery: The Crowning with Thorns.** *The soldiers led him away inside the palace, that is, the praetorium, and assembled the whole cohort. They clothed him in purple and, weaving a crown of thorns, placed it on him. They began to salute him with, "Hail, King of the Jews!" (Mk 15:6-18)* **Fruit: Moral courage**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**4th Sorrowful Mystery: The Carrying of the Cross.** *Then he handed him over to them to be crucified. So they took Jesus, and carrying the cross himself he went out to what is called the Place of the Skull, in Hebrew, Golgotha. There they crucified him, and with him two others, one on either side, with Jesus in the middle. (Jn 19:16-18)* **Fruit: Patience**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**5<sup>th</sup> The Sorrowful Mystery: The Crucifixion and Death of Jesus.** *When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home. It was now about noon and darkness came over the whole land until three in the afternoon because of an eclipse of the sun. Then the veil of the temple was torn down the middle. Jesus cried out in a loud voice, "Father, into your hands I commend my spirit;" and when he had said this he breathed his last (Jn 19:26-27; Lk 23:44-46)* **Fruit: Perseverance**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

### CLOSING PRAYERS

**Hail, Holy Queen,** Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve To thee to we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. **L:** Pray for us, O Holy Mother of God. **ALL:** That we may be made worthy of the promises of Christ. Amen.

*Let us pray:* **O God,** whose only begotten Son--by his life, death, and resurrection--has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through this same Christ, Our Lord, Amen.

**Saint Michael the Archangel,** defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**Pope Leo XIII's Prayer to St. Joseph after the Rosary** (see addendum).

**L: St. Joseph, Terror of Demons,** ALL: Pray for us. +

## GLORIOUS MYSTERIES (Wednesday and Sunday)

**1<sup>st</sup> Glorious Mystery: The Resurrection of Jesus Christ.** *On entering the tomb they saw a young man sitting on the right side, clothed in a white robe, and they were utterly amazed. He said to them, "Do not be amazed! You seek Jesus of Nazareth, the crucified. He has been raised; he is not here. Behold the place where they laid him (Mk 16:5-6)* **Fruit: Faith in God**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**2<sup>nd</sup> Glorious Mystery: The Ascension of Jesus to Heaven.** *Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit. Then he led them [out] as far as Bethany, raised his hands, and blessed them. As he blessed them he parted from them and was taken up to heaven. So then the Lord Jesus, after he spoke to them, was taken up into heaven and took his seat at the right hand of God. (Mt 28:18-19; Lk 24:50-51; Mk. 16:19)* **Fruit: Hope in Heaven**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**3<sup>rd</sup> Glorious Mystery: The Descent of the Holy Spirit.** *And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. (Acts 2:1-4)* **Fruit: Love of God and Neighbor**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**4<sup>th</sup> Glorious Mystery: The Assumption of the Blessed Virgin Mary into Heaven.** *From the infallible Magisterium of the Church: "The Immaculate ever Virgin Mary, Mother of God, concluded her earthly life and was assumed into heaven, body and soul. (Dogmatic Definition of Pope Pius XII). **Fruit: Grace of a Happy Death***

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**5<sup>th</sup> Glorious Mystery: The Coronation of the Blessed Virgin Mary. Queen of Heaven and Earth.** *Then God's temple in heaven was opened, and the ark of his covenant could be seen in the temple. There were flashes of lightning, rumblings, and peals of thunder, an earthquake, and a violent hailstorm. A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. (Rev. 11:19; 12:1)* **Fruit: Trust in Mary's Intercession**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

### CLOSING PRAYERS

**Hail, Holy Queen,** Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve To thee to we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. **L:** Pray for us, O Holy Mother of God. **ALL:** That we may be made worthy of the promises of Christ. Amen.

*Let us pray:* **O God,** whose only begotten Son--by his life, death, and resurrection--has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through this same Christ, Our Lord, Amen.

**Saint Michael the Archangel,** defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**Pope Leo XIII's Prayer to St. Joseph after the Rosary** (see addendum).

**L: St. Joseph, Terror of Demons, ALL: Pray for us. +**

# LUMINOUS MYSTERIES

## (Thursday)

**1st Luminous Mystery: The Baptism of Jesus.** *Then Jesus came from Galilee to John at the Jordan to be baptized by him. And a voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased." (Mk 1:9-11).* **Fruit: Openness to the Holy Spirit**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**2nd Luminous Mystery: The Wedding at Cana.** *On the third day there was a wedding in Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him, "They have no wine." [And] Jesus said to her, "Woman, how does your concern affect me? My hour has not yet come." His mother said to the servers, "Do whatever he tells you." Now there were six stone water jars there for Jewish ceremonial washings, each holding twenty to thirty gallons. Jesus told them, "Fill the jars with water." So they filled them to the brim. Then he told them, "Draw some out now and take it to the headwaiter." So they took it. And when the headwaiter tasted the water that had become wine, without knowing where it came from (although the servers who had drawn the water knew), the headwaiter called the bridegroom and said to him, "Everyone serves good wine first, and then when people have drunk freely, an inferior one; but you have kept the good wine until now." Jesus did this as the beginning of his signs in Cana in Galilee and so revealed his glory, and his disciples began to believe in him. (Jn 2:1-5)* **Fruit: To Jesus through Mary**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**3rd Luminous Mystery: The Proclamation of the Kingdom of God.** *He went around all of Galilee, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness among the people. (Mt 4:23)* **Fruit: Repentance, Trust in Jesus**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**4th Luminous Mystery: The Transfiguration.** *After six days Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." (Mt 17:1-2; 17:5)* **Fruit: Desire for Holiness**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

**5th Luminous Mystery: The Institution of the Eucharist.** *Then he took the bread, said the blessing, broke it, and gave it to them, saying, "This is my body, which will be given for you; do this in memory of me." And likewise the cup after they had eaten, saying, "This cup is the new covenant in my blood, which will be shed for you. (Lk 22:19-20)* **Fruit: Love for the Eucharist**

- Our Father, Hail Mary (x 10), Glory Be
- O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

### CLOSING PRAYERS

**Hail, Holy Queen,** Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve To thee to we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. **L:** Pray for us, O Holy Mother of God. **ALL:** That we may be made worthy of the promises of Christ. Amen.

*Let us pray: O God,* whose only begotten Son--by his life, death, and resurrection--has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through this same Christ, Our Lord, Amen.

**Saint Michael the Archangel,** defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**Pope Leo XIII's Prayer to St. Joseph after the Rosary** (see addendum).  
**L:** St. Joseph, Terror of Demons, **ALL:** Pray for us. +

## POPE LEO XIII'S PRAYER TO ST. JOSEPH AFTER THE ROSARY

To you, O blessed Joseph, we have recourse in our affliction, and having implored the help of your thrice holy Spouse, we now, with hearts filled with confidence, earnestly beg you to take us also under your protection.

By that charity with which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished the Child Jesus, we beseech you and we humbly pray that you will look down graciously upon that inheritance which Jesus Christ purchased by His Blood, and will help us in our need by your power and strength.

Defend, O most watchful guardian of the Holy Family, the chosen offspring of Jesus Christ. Keep from us, O most loving Father, all blight of error and corruption. Aid us from on high, most valiant defender, in this conflict with the powers of darkness. As you once rescued the Child Jesus from deadly peril, so now defend God's Holy Church from the snares of the enemy and from all adversity. Shield us ever under your patronage, that, following your example and strengthened by your help, we may live a holy life, die a happy death, and attain to everlasting bliss in Heaven. Amen.

**History:** This prayer to Saint Joseph—spouse of the Virgin Mary, foster father of Jesus, and patron saint of the universal Church—was composed by Pope Leo XIII in his 1889 encyclical, *Quamquam Pluries*. This is the pope who also composed the St. Michael prayer. He asked that this prayer to St. Joseph be added to the end of the Rosary, especially during the month of October, which is dedicated to the Rosary. The prayer is enriched with a partial indulgence (*Handbook of Indulgences*, conc. 19), and may be said after the customary *Salve Regina* and concluding prayer. It may also be used to conclude other Marian devotions.

[www.kittycleveland.com](http://www.kittycleveland.com)